

**Are you:**

**Unsure of your life's direction?**

**Having difficulty prioritizing work and/or life?**

**Are you interested in taking your business to the next level?**



**Noble Solutions is a holistic coaching practice** whose mission is to coach...

- ..individuals for the purpose of creating greater self awareness to implement positive change in their lives, and
- ..businesses toward achieving organizational excellence and insightful leadership.

### **Services**

- Personal Coaching
- Organizational Coaching (Individual and group)
- Business Consulting
- Motivational workshops
  - o Holistic wellness
  - o Managing change



**Noble Solutions**

443-676-1642

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## Noble Solutions



Betty Noble, Certified Integral Coach, supports individuals in achieving their highest potential. Betty founded Noble Solutions in 2002 to inspire individuals and businesses to attain their goals. She has over 20 years of operational, consulting and management experience in financial services, technology, and healthcare.

Betty is Assistant Professor of Entrepreneurship and Life Coaching Studies at Howard Community College. Betty serves as a mentor and committee chair for Leadership Howard County. She is a graduate of the Integral Coaching Program at New Ventures West. Betty holds a Bachelor's of Science from Salem State College and a Master's in Management from The College of Notre Dame.

Contact Betty Noble at 443-676-1642



Sharon Schmickley, Certified Integral Coach, coaches people to raise their awareness to their greatness, and to their ability to achieve their hopes and dreams. She has spent over 20 years in leadership positions at Howard Community College

where she is the Chairperson of the Business Computer Division and a Professor of Computer Systems.

Sharon is a graduate of the Integral Coaching Program at New Ventures West and a 2008 graduate of Leadership Howard County. Sharon holds a Bachelor's of Science from Springfield College, a Master's degree from Southern Connecticut State College and is a doctoral candidate at The College of Notre Dame.

Contact Sharon Schmickley at 443-324-3353